

FALL INTO

ABUNDANCE

25 DAY CHALLENGE



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HOME: 5 WAYS YOU ARE ABUNDANT IN HOME

FOOD: 5 WAYS YOU ARE ABUNDANT IN HARVEST

FAMILY: 5 WAYS YOU ARE ABUNDANT IN FAMILY

FRIENDS: 5 WAYS YOU ARE ABUNDANT IN FRIENDSHIP

LOVE: 5 WAYS YOU ARE ABUNDANT IN LOVE

10 THINGS YOU ARE GRATEFUL FOR ABOUT YOURSELF

10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR LIFE

10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR CAREER

10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR PAST

10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR MONEY

TRACK: 3 WAYS YOU GREW THIS WEEK

TRACK: 3 WAYS MONEY SUPPORTED YOU THIS WEEK

TRACK: 3 GOALS YOU'VE WORKED ON THIS WEEK

TRACK: 3 GOOD HABITS YOU HAD THIS WEEK

TRACK: 3 WAYS LIFE SUPPORTED YOU THIS WEEK

5 WAYS YOU'RE ALREADY SUCCESSFUL AS YOU ARE

5 WAYS YOU LOVE TO MAKE YOURSELF HAPPY

5 THINGS YOU LOVE & GO DO ONE OF THEM

5 PEOPLE WHO MAKE YOU SMILE - GIVE ONE A COMPLIMENT

5 WAYS YOU GIVE BACK TO YOURSELF & DO ONE A DAY

SHIFT 10 NEGATIVE THOUGHTS WITH IT'S OPPOSITE!

SHIFT 10 STATEMENTS "I CAN'T HAVE" TO "ACTUALLY I CAN..."

SHIFT 10 LACK MOMENTS TO "BUT THERE'S ALWAYS ENOUGH"

LIST 20 WAYS YOU'RE ALREADY ENOUGH

LIST 20 WAYS YOU ALREADY HAVE MORE THAN ENOUGH.

#ABUNDANCECHALLENGE

Train your mind for 25 days to Look for Abundance to Increase YOUR ABUNDANCE & DETOX SCARCITY THINKING

THE AWAKENED STATE



SUMMER INTO ABUNDANCE



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