ABUNDANCE 25 DAY CHALLENGE

HOME: 5 WAYS
YOU ARE
ABUNDANT IN
HOME

FOOD: 5 WAYS YOU ARE ABUNDANT IN HARVEST FAMILY: 5 WAYS YOU ARE ABUNDANT IN FAMILY FRIENDS: 5 WAYS YOU ARE ABUNDANT IN FRIENDSHIP LOVE: 5 WAYS YOU ARE ABUNDANT IN LOVE

IO THINGS YOU ARE GRATEFUL FOR ABOUT YOURSELF IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR LIFE 10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR CAREER IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR PAST IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR MONEY

TRACK: 3 WAYS YOU GREW THIS WEEK

TRACK: 3 WAYS
MONEY
SUPPORTED YOU
THIS WEEK

TRACK: 3 GOALS YOU'VE WORKED ON THIS WEEK

TRACK: 3 GOOD HABITS YOU HAD THIS WEEK TRACK: 3 WAYS LIFE SUPPORTED YOU THIS WEEK

5 WAYS YOU'RE ALREADY SUCCESSFUL AS YOU ARE

5 WAYS YOU LOVE TO MAKE YOURSELF HAPPY 5 THINGS YOU LOVE & GO DO ONE OF THEM

5 PEOPLE WHO MAKE YOU SMILE -GIVE ONE A COMPLIMENT 5 WAYS YOU GIVE BACK TO YOURSELF & DO ONE A DAY

SHIFT IO NEGATIVE THOUGHTS WITH IT'S OPPOSITE!

SHIFT IO STATEMENTS "I CAN'T HAVE" TO "ACTUALLY I CAN..." SHIFT 10 LACK MOMENTS TO "BUT THERE'S ALWAYS ENOUGH" LIST 20 WAYS YOU'RE ALREADY ENOUGH LIST 20 WAYS YOU ALREADY HAVE MORE THAN ENOUGH.

#ABUNDANCECHALLENGE

Train your mind for 25 days to Look for Abundance to Increase YOUR ABUNDANCE & DETOX SCARCITY THINKING



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IO THINGS YOU ARE GRATEFUL FOR ABOUT YOURSELF

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IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR LIFE IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR CAREER IO THINGS YOU ARE GRATEFUL FOR ABOUT YOUR PAST 10 THINGS YOU ARE GRATEFUL FOR ABOUT YOUR MONEY

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THE AWAKENED STATE